



BABY BASICS

Even though they have fewer teeth - or none at all, for a while - babies require the same attention to oral health care as adults.

No teeth

Before teeth come in, wipe baby's gums with a soft, clean cloth after each feeding.



One tooth

Babies should see the dentist by age 1 or six months after the first tooth comes in. When a tooth pops up, use a small, soft-bristled toothbrush twice daily.



Two teeth touching

When two teeth touch, it's time to break out the floss!



Sore gums

Soothe a teething baby with teething rings, a cool spoon, or a gum massage.



Preventing tooth decay

Don't give bottles with juice or milk before bedtime or nap time. Water is a safe alternative if your child is 6 months or older.

