



TEEN TEETH

With extra care and some gentle reminders from mom and dad, a teen's oral health will be in great shape for the college years and beyond.

Orthodontics are typically applied between 8-14 years old.



Mouthguards are essential for almost every sport during both practices and games.



Make sure your teen continues to brush twice a day and floss daily.



LIMIT soda and junk food consumption and opt for sugar-free gum.



Harmful teen habits can affect oral health as an adult
SAY 'NO' to smoking and vaping.

